

Shirley Wong, aka Little Miss Bento, became an online sensation and gained a huge following when she started posting her adorable Japanese bento lunchbox creations and unique deco sushi rolls on her blog and social media channels.

As the top bento artist and blogger in Singapore, Shirley has won many awards for her bento creations and is often featured on local and international media. She is currently the only Singaporean to be certified under the Japan Sushi Instructor Association in Tokyo, and she conducts bento classes and workshops to share her skills.

Shirley's first book, Kawaii Bento (2015), is a bestseller.

Follow Shirley online and share in her kawaii adventures:

Blog | http://littlemissbento.com Facebook | https://www.facebook.com/littlemissbento Twitter | https://twitter.com/littlemissbento Pinterest | https://www.pinterest.com/littlemissbento Instagram | https://instagram.com/littlemissbento





Create kawaii deco sushi across a wide range of designs, from roses, butterflies, rabbits and pandas, to trucks, trains and sailing boats.

- Fun and creative deco sushi that can be eaten on its own or as part of a bento meal
- Fully illustrated step-by-step recipes to help you create your own kawaii deco sushi
- Comprehensive introduction to essential sushi-making tools and ingredients







The publisher wishes to thank Topseller Pte Ltd for supplying the Okome Shortgrain Rice used in this book and for supporting this book.

Editor: Lydia Leong Designer: Bernard Go Kwang Meng Photographer: Calvin Tan

Copyright © 2015 Marshall Cavendish International (Asia) Private Limited Reprinted 2016

Published by Marshall Cavendish Cuisine An imprint of Marshall Cavendish International

All rights reserved

No part of this publication may be reproduced, stored in a retrieval system or transmitted, in any form or by any means, electronic, mechanical, photocopying, recording or otherwise, without the prior permission of the copyright owner. Request for permission should be addressed to the Publisher, Marshall Cavendish International (Asia) Private Limited, 1 New Industrial Road, Singapore 536196. Tel: (65) 6213 9300 Fax: (65) 6285 4871 E-mail: genref@sg.marshallcavendish.com

Limits of Liability/Disclaimer of Warranty: The Author and Publisher of this book have used their best efforts in preparing this book. The Publisher makes no representation or warranties with respect to the contents of this book and is not responsible for the outcome of any recipe in this book. While the Publisher has reviewed each recipe carefully, the reader may not always achieve the results desired due to variations in ingredients, cooking temperatures and individual cooking abilities. The Publisher shall in no event be liable for any loss of profit or any other commercial damage, including but not limited to special, incidental, consequential, or other damages.

Other Marshall Cavendish Offices:

Marshall Cavendish Corporation. 99 White Plains Road, Tarrytown NY 10591-9001, USA • Marshall Cavendish International (Thailand) Co Ltd. 253 Asoke, 12th Floor, Sukhumvit 21 Road, Klongtoey Nua, Wattana, Bangkok 10110, Thailand • Marshall Cavendish (Malaysia) Sdn Bhd, Times Subang, Lot 46, Subang Hi-Tech Industrial Park, Batu Tiga, 40000 Shah Alam, Selangor Darul Ehsan, Malaysia.

National Library Board, Singapore Cataloguing-in-Publication Data

Wong, Shirley, author.

Kawaii deco sushi / Shirley Wong. — Singapore : Marshall Cavendish Cuisine, 2015.
pages cm
ISBN : 978-981-4561-27-3 (paperback)

1. Cooking, Japanese. 2. Sushi. 3. Cookbooks. I. Title.

TX724.5.J3 641.5952 — dc23 OCN908676554

Printed by Times Offset (M) Sdn Bhd

Dedication

This book is for my mother who laid the foundation for my culinary adventures.



Introduction	8
Sushi Tools & Equipment	10
Typical Sushi Ingredients	14
About Sushi Rice	16
Basic Sushi Techniques	18
Cooking Sushi Rice	18
Handling Cooked Sushi Rice	19
Measuring Cooked Sushi Rice	20
Shaping Cooked Sushi Rice	21
Spreading Sushi Rice on Seaweed	22
Shaping Sushi Rolls	22
Cutting Sushi Rolls	24
Colouring Rice	25
Sushi Seaweed 101	26
Making Pink Fish Flakes (Oboro)	29
Making a Grilled Omelette (Tamagoyaki)	30
Making an Egg Sheet	31
Wrapping, Packing & Display Ideas	32
Sushi Recipes	
Garden Themed Sushi	35
Autumn Themed Sushi	49
Food Themed Sushi	61
Animal Themed Sushi	73
Transport Themed Sushi	97
Romance Themed Sushi	111
Stockists	127
Weights & Measures	128

Introduction

For Review On

Kazarimaki-sushi, translated as decorative sushi rolls or deco sushi, is a modern way of presenting sushi rolls in a highly creative way. It originated from the Boso Peninsula of Japan, where thick sushi rolls or futo-maki are common.

In this book, I'll show you how you can make your own deco sushi with the use and placement of various ingredients. And once you master the basics, you can start creating your own designs!

Deco sushi rolls are perfect for serving as finger food at parties, for bringing along to picnics, as well as for packing into bento boxes. What's more, these sushi rolls are not only tasty, they will delight, surprise and impress!

I have specially included detailed sections on basic tools and techniques, an illustrated glossary of ingredients, and step-by-step photographs with every recipe to guide you as you make these adorable sushi rolls.

Have fun making these kawaii (cute) deco sushi!

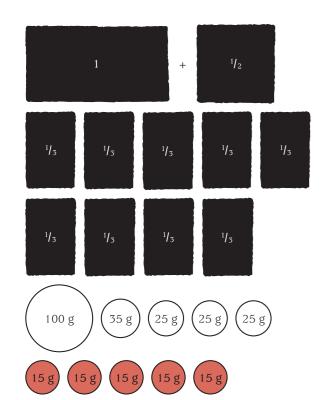
Shirley Wong Little Miss Bento





Difficulty Level

Plum Blossom ** Review Only



Ingredients

- 1 sheet + 1/2 sheet of seaweed, joined
- 9 x 1/3 sheet of seaweed
- 1 strip of seaweed, 10-cm x 1-cm
- 210 g white sushi rice, divided
- 75 g red sushi rice (65 g white sushi rice + 10 g fish roe powder (mentaiko powder)), divided into 5 parts, each 15 g
- 1 Chinese leek, 10-cm long, blanched
- 1 pickled gourd strip (kanpyo), 10-cm x 3-cm
- 1 tsp pink fish flakes (oboro) (page 29)
- 2 spinach stalks, each 10-cm long, blanched



38 39



1. Wrap the leek with 1/3 sheet of seaweed.



2. Shape each 15 g portion of red rice into a 10-cm cylinder and wrap with 1/3 sheet of seaweed.



3. Using a sushi mat, arrange the wrapped leek and rice rolls in the shape of a flower.



4. Bind the rolls together using a strip of seaweed. Set aside.



5. Wrap the pickled gourd with ¹/₃ sheet of seaweed for the flower stalk. Set aside.



6. Spread 100 g white rice on the 11/2 sheet of seaweed, leaving a 5-cm gap at one end.





using 25 g white rice per mountain.



7. Place the flower roll in the centre. 8. Shape three 10-cm long mountains, 9. Arrange them side by side next to the flower roll.



10. Fold two 1/3 sheets of seaweed and place between the rice mountains.



11. Spoon the pink fish floss into the folded seaweed and top with a stalk of spinach. These are the buds.



12. Arrange the wrapped pickled gourd on the slope of the rice mountain at the side. Align it with the rice.



13. Roll up the sushi roll, making sure the valleys join and the wrapped pickled gourd touches the flower.



14. Use the remaining white rice to fill any gaps before closing the roll.

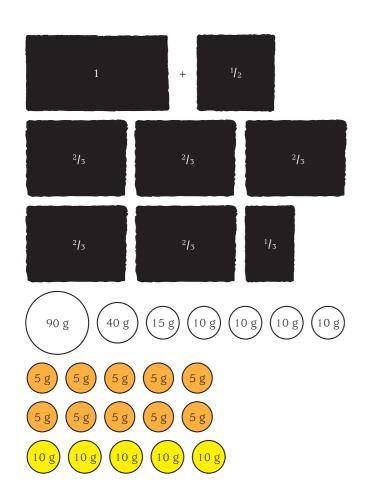


15. Cut the roll into 4 pieces.





Maple Leaf Review Only



Ingredients

- 1 sheet + 1/2 sheet of seaweed, joined
- 5 x ²/₃ sheet of seaweed
- 1 x ¹/₃ sheet of seaweed
- 185 g white sushi rice, divided
- 50 g orange sushi rice (42 g white sushi rice + 8 g flying fish roe (tobiko)), divided into 10 parts, each 5 g
- 50 g yellow sushi rice (approximately 50 g white sushi rice + 1 hard-boiled egg yolk), divided into 5 parts, each 10 g
- 2 pickled gourd strips (kanpyo), each 10-cm x 3-cm



50



 Spread 2 parts orange rice and 1 part yellow rice alternately on ²/₃ sheet of seaweed, leaving a 2-cm gap at one end.



2. Fold the roll up tightly and press on the orange rice to form a teardrop shape roll. Repeat to make another 4 rolls.



Twist a pickled gourd strip tightly for the end of the leaf stem.Set aside.



4. Wrap the other pickled gourd strip with 1/3 sheet of seaweed for the leaf stem. Set aside.



5. Shape four 10-cm long mountains, using 10 g white rice per mountain.



6. Spread 90 g white rice on the 11/2 sheet of seaweed, leaving a 5-cm gap at one end.



7. Alternate 3 parts of the leaf with 2 rice mountains.



8. Place them in the centre of the rice.



9. Continue to build up the leaf with the remaining rice mountains and parts of the leaf.



10. Adjust the position of the rolls if needed to form the shape of the maple leaf.



11. Place the twisted pickled gourd strip in the centre of the leaf.



12. Place the wrapped pickled gourd strip on top of the twisted pickled gourd strip.



13. Top with 40 g white rice. Use the remaining white rice to fill any gaps before closing the roll.



14. Cut the roll into 4 pieces.

52