

Something is very wrong in Nettown. The playgrounds are empty and there is no one in sight. Warned by the blazing red glow on his Orb, Professor Plano investigates with Zed and Zee. They find that Lord Myopic has created a massive game that every kid on the block keeps playing and playing . . . and playing. One of the twins gets caught up in this web! What will they do?



Myopia (short-sightedness), device dependency and lack of outdoor activity are public health concerns worldwide. Stories from **the plano adventures** are based on years of scientific research, written specially to empower young readers to tackle these adverse effects of excessive device use.



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THE NEVER-ENDING GAME



Dr Mo Dirani & Hwee Goh
Illustrations by David Liew

For Review Only



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Chapter 1

Prof Plano's Lab



Hello there! My name is Professor Plano. You can call me Prof Plano.

So good of you to join us, and you're just in time!

I'm about to do a test. If I succeed, I'll have more power to fight Lord Myopic!

“Stop wriggling, Zed!”

“Well, why don’t YOU try strapping yourself down and see if it tickles, Zee!”

Ah, these are my able (but slightly quarrelsome) assistants, twins Zed and Zee.

If you’ve been following our adventures, you’ll know that we have been on the trail of Lord Myopic.

His goal is to keep everyone foggy from using their Bottle-Bottle screens indoors all the time!

But, we have been able to stop him every step of the way.

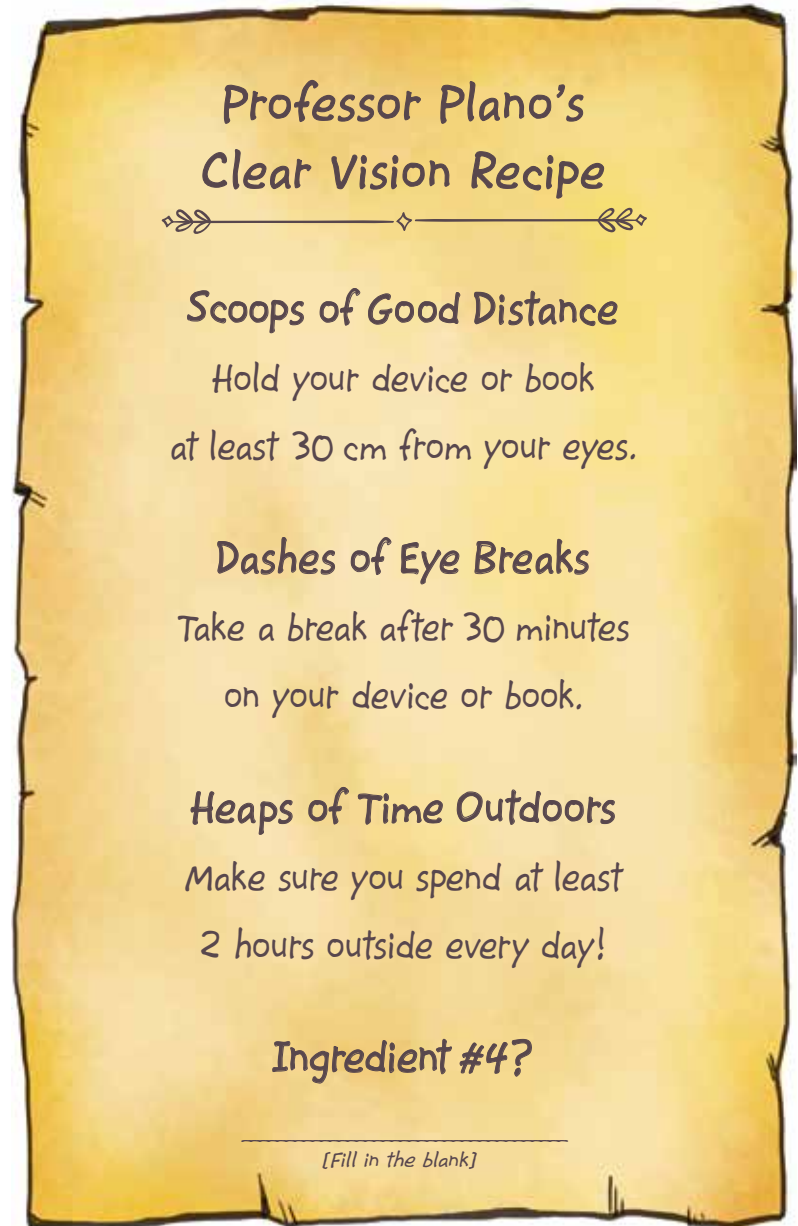


“We saved Murktown and the Rainbow’s Edge dragons from foggy vision . . . with our Magic!” Zed says proudly.

“Yup! We practise our Clear Vision Recipe every day!” Zee adds happily.

The twins’ Clear Vision Power keeps my Orb on full power. It fights foggy vision and turns red around anything that threatens Clear Vision.

I believe there is a fourth ingredient.



In this test, I need Zed to have self-control when it's time to stop using his Bottle-Bottle screen.

This self-control is what I call **MyPower**. I believe it will be the most powerful ingredient of them all.

"Let's start!" I say excitedly.

"Urmfff!" Zed tries very hard to work up his MyPower as he plays his favourite puzzle game.

"Okay! I just need to finish this bit . . . and I'm done!" he says, determined to stop.

"Here goes . . . are you ready?" Zee says as he raises the Orb to see if it will glow blue.



**BANG! BANG!
BANG!**

“Professor Plano! Please!
We need your help!”

We open the door and see an
anxious couple standing there.

The woman looks like she has
been crying.

Her husband is wringing his hands
at a hundred turns a minute.



With his hands shaking, he places a crumpled poster in my hands.



I read it and feel an icy cold chill run down to the tips of my toes.

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Facts Are Fun!



The real Professor Plano is Dr Mohamed (Mo) Dirani, a world leading expert on myopia, or short-sightedness.

Mo, who has led national studies on myopia prevention, is also very keen on the global issue of excessive device use. He works with governments and organisations to solve the social and mental health issues that result from this.

Too much gaming disturbs daily activities like family time, outdoor play and school work. It also affects our sleep, physical activity and diet. If this is not fixed, it could lead to “gaming disorder”, an official disease listed by the World Health Organisation since 2018.

If you find that gaming takes over your daily life, and you can’t stop even though you know you need to, ask for help.

Too much screen time, including gaming, is also linked to myopia.

The Plano Adventures seeks to put the power back in the hands of families to build healthy relationships with their devices.

Mo outlines the science and key messages of each book, and David Liew doodles ideas on his iPad.

Hwee Goh then writes the story, with the help of many young test readers and their Mums and Dads. Some little ones started practising the Clear Vision Recipe right away!



Hwee is a former TV journalist whose real love is reading and writing. Mum to two boys and identical twin girls, she's also written non-fiction for kids.



David, who is highly myopic, wishes he had this book as a kid! The prolific illustrator has created many well known book characters.



Join Professor Plano, Zed and Zee in more exciting tales in
the plano adventures

